



Join a growing movement of people like you who are making a positive difference in the lives of people living with dementia.

Become a Dementia Friend!

To become a Dementia Friend, you join others in a free one-hour Dementia Friends Information Session.

What Happens at the Information Session?

The Session, held either in-person or virtually, is a discussion led by a Dementia Friends Champion. The session will cover five key messages about dementia and touch on what it is like to live with dementia.

As a Dementia Friend you will turn your understanding into a practical action that can help someone with dementia living in your community. The action can be as big or small as you choose because every action counts!

Please understand...

You don't need to be a dementia expert, have prior knowledge, or know someone living with dementia to become a Dementia Friend.

Sign up today for a Dementia Friends Information Session!

Date:

Time:

Location:

Champion Name:

Champion Contact Info:

Dementia Friends is a global movement that is changing the way people think, act, and talk about dementia. Developed by the Alzheimer's Society in the United Kingdom, the Dementia Friends initiative is underway in Pennsylvania and across the United States. By helping everyone in a community understand what dementia is and how it affects families, each of us can make a difference for people touched by dementia.

Supported by

