



**UPPER ADAMS  
SENIOR CENTER  
MARCH 2026**

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300 E. York Street  
P.O. Box 473  
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**8:00 AM – 1:00 PM**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Meals on Wheels</p> <p>Closed</p>	<p>3</p> <p>Closed</p>	<p>4</p> <p>Cards and Board Games</p> <p>11am Trivia Pursuit</p>	<p>5</p> <p>Cards</p> <p>9am Chair Exercise</p>	<p>6</p> <p>Center Closed</p>
<p>9</p> <p>Meals on Wheels</p> <p>CARDS</p>	<p>10</p> <p>Cards</p> <p>9:30am Blood Pressure</p>	<p>11</p> <p>9:30 Travel Memory Game</p>	<p>12</p> <p>9am Card Making with Cheryl</p> <p>10am Sweet Bingo</p>	<p>13</p> <p>Center Closed</p>
<p>16</p> <p>Meals on Wheels</p> <p>10am Bingo w/Prizes</p> <p>11:30 Saint Patrick Drinks</p>	<p>17</p> <p>Cards</p>	<p>18</p> <p>9:30 BIBLE STUDY</p> 	<p>19</p> <p>9am Presentation w/Denise</p> <p>Cards</p>	<p>20</p> <p>Center Closed</p>
<p>23</p> <p>Meals on Wheels</p> <p>CARDS</p>	<p>24</p> <p>10am Education on pre-Planning</p> <p>Dugan Funeral Home</p>	<p>25</p> <p>10am Subway</p> <p>Wednesday</p>	<p>26</p> <p>11am Family Restaurant</p>	<p>27</p> <p>Center Closed</p>
<p>30</p> <p>Meals on Wheels</p> <p>Cards</p>	<p>Its Nice to be Important, Buts its more important to be nice!</p>	<p>Be Thankful For every day!</p>	<p>Unconditional Love</p> <p>It is the best Love</p>	<p>NEW MEMBERS ALWAYS WELCOME</p> <p>Calendar subject to change due to Weather Conditions</p>